

First Steps: Understanding the World of Work through Career Technical Education (CTE)

First Steps Standards

Domain 1: Self-Evaluation (Who am I?)

- 1. Identify Personality (What makes me unique?)
 - A. Take a personality inventory.
 - B. Document a reflection of the results.
- 2. Identify Interests (What do I enjoy doing?)
 - A. Use multiple methods to identify personal interests.
 - B. Document a reflection of the results.
- 3. Identify Values (What really matters to me?)
 - A. Summarize personal importance of family and other relationships as they relate to school/work.
 - B. Assess desired lifestyle and associated cost.
 - C. Relate the importance of health and wellness to school/work.
 - D. Document a reflection of the results.
- 4. Identify Skills (What am I good at?)
 - A. *Critical Thinking and Problem-Solving
 - i. Recognize and analyze a problem.
 - ii. Identify and evaluate potential solutions and resources.
 - iii. Use sound reasoning to choose a solution.
 - iv. Implement the solution and evaluate the outcome.
 - v. Document a reflection about your use of the problem-solving process.
 - B. *Work Ethic
 - i. Define work ethic and explain its importance in the workplace.
 - ii. Define and explain the importance of diligence, dependability, responsibility, and accountability in the workplace.
 - iii. Demonstrate diligence.
 - iv. Demonstrate dependability.
 - v. Demonstrate responsibility.
 - vi. Demonstrate accountability.
 - vii. Document a reflection about personal work ethic after demonstrating diligence, dependability, responsibility, and accountability.
 - C. *Information Security
 - i. Evaluate presence on social media.
 - ii. Evaluate risk associated with presence on social media.
 - iii. Follow classroom/workplace protocols to maintain the security of information, computers, networks, and facilities.
 - iv. Demonstrate basic internet and email safety.
 - v. Document a reflection about personal presence on social media, associated risks, and changes needed for personal safety.

Domain 2: Career Exploration (What's out there for me?)

- 1. Apply Self-Evaluation to the World of Work (Where do I fit in the world of work?)
 - A. Express the purpose and value of work.
 - B. Summarize how one researches and chooses a career interest.
 - C. Use results of self-evaluation to identify related career clusters and occupations.
 - D. Explore multiple career clusters and occupations of interest (e.g. work site visits, speakers, case studies, shadowing, or community service).
 - E. Choose a cluster or occupation. Research the education or training required, including program of study, labor market information, and wage compared to Idaho's living wage.
- 2. Make Responsible Choices (How do my choices influence my future?)
 - A. Describe how personal, career, and educational choices impact major life decisions.
 - B. Describe how your personal choices will affect workplace, school, and community.
 - C. Discuss the need for continuous career planning.

Domain 3: Future Planning (How do I get there?)

- 1. *Efficiency and Productivity (How do I turn an interest in to a plan?)
 - A. Having identified a career interest and program of study, research institutions offering the program according to personal preferences.
 - B. Research helpful high school courses and experiences.
 - C. Utilize a goal setting process to develop short-term and long-term personal, education, and career goals.
 - D. Manage time and resources and track progress throughout the term.
- 2. Understand High School Offerings (What can I do in high school to reach my goals?)
 - A. Explore available CTE programs.
 - B. Research the local CTSO options and benefits for participation therein.
 - C. Examine the benefits of participating in school and community activities.
 - D. Examine academic and other high school pathways.
- 3. Create a Career Pathway Plan (How do I move forward?)
 - A. Create a Career Pathway Plan (formerly Idaho Student Learning Plan/Four-Year Plan/Eighth Grade Plan) aligned with personal, educational, and career goals.
 - B. Apply Career Pathway Plan to selection of high school courses and pathways.

* Aligned to a corresponding standard in the Idaho Workplace Skills for Career Readiness (2021).

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