

# Idaho Speaks Newsletter

## Fall Issue 2017



# !nspired

by **FCCLA**®

**“Leaders become great not because of their power, but because of their ability to empower others.”**

**- John Maxwell**

## Welcome back!

On behalf of the Idaho State Officer Team I would like to welcome you to another fantastic year of Idaho FCCLA. We have many amazing things planned for this year. We are so excited for this year and hope you all are too! I can't wait to meet lots of new FCCLA members.

- Jacqueline Hernandez, VP of Public Relations

## Social Media

Idaho FCCLA, I'm Jacqueline Hernandez, your Vice President of Public Relations. Idaho FCCLA has three social media accounts: Facebook, Twitter, and Instagram. We will be using social media to keep everyone updated on current events and important dates. We have hashtags that coincide with some projects we are doing this year. Follow our social media accounts @idahofccla. I'm so excited to see all the pictures everyone is going to take this year!



## Outreach Project

Idaho FCCLA!

Considering that Idaho is usually always ranked among the states with the highest suicide rates, the Idaho FCCLA State Officer Team has chosen to focus Idaho's Outreach Project on **suicide prevention**.

With the focus on suicide prevention, we have chosen to create and sell bracelets for a fundraiser for the Idaho Suicide Prevention Hotline (ISPH).

The bracelets have the phrase, "A Smile Goes a Mile", along with "#ISPH" and "#CONNECT". Our goal is to raise \$1,500 for the Idaho Suicide Prevention Hotline. The bracelets are being sold for \$2 each with all proceeds going towards the ISPH. We chose the phrase, "A Smile Goes a Mile" because something as simple as smiling at someone can brighten their day. We chose to put "#CONNECT" because connecting with someone can help reduce the suicide rates.

Please help us reach our goal of \$1500 for the ISPH, by buying a bracelet from your adviser.

~MayLee Edwards, VP Outreach

## Important Links

### Idaho FCCLA Website

<https://cte.idaho.gov/students/student-organizations/fccla/>

### FCCLA National Website

<http://fcclainc.org>

### FCCLA Membership PSA

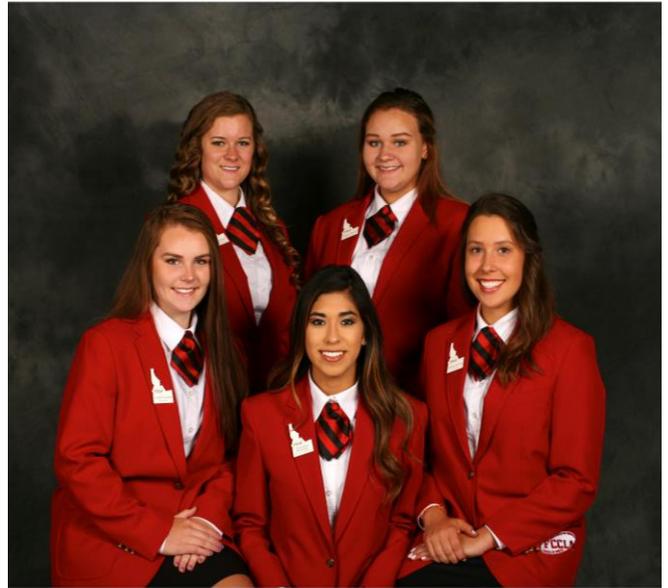
<https://www.youtube.com/watch?v=36cfSbQSFJw&feature=youtu.be>



## Running for Office

My very first days in FCCLA is crazy to think about. I attended my first state conference and saw all the new and old officers at installation and it was immediately a goal for me to be a state officer. I started by running for district office my second year, and got a position. To run for district office talk to your adviser and get an application from your district adviser. Attend district elections where you will have an interview, present a brief speech and answer FCCLA related questions. Last, there will be a voting process and positions will be put in place. Running for state office is very similar. You have to fill out an application, get an interview, give a speech and answer questions, and take a knowledge test. Running for office and getting involved is one of my greatest accomplishments. I would encourage everyone to run for office because you will not regret it. Have a great year!

~Lyndi Loveland, State President



“FCCLA is about making the change for tomorrow. Promoting a better future.”

- Anonyms

### Contact Information

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# Go for the Gold! – Star Events

Competition in FCCLA STAR Events is hard, trust me, I know. I've learned over the years, however, that there are several things that I can do to make sure I have a "Gold Standard" project. I know that if you are willing to follow these four rules, you will create your own "Gold Standard" project, as well.

**Time Management Rule.** Plan your project out and set little goals for yourself and your project, then follow through. This will ease your stress when competition time rolls around. Examples for time management could be planning certain things you need to get done at the beginning of each month. Write them down in a daily planner. Use the planner to look at each day to see what you need to do for your project.

**Fine-Toothed-Comb Rule.** Go through your project and your project's rubric with a "fine-toothed-comb." Meaning, make sure your project has EVERYTHING that the rubric requires of it in order to get that Top Gold. Start by using the FCCLA Planning Process, schedule a time with your adviser or chapter officer to present your project and have them judge it with your project's rubric. This will give you another point-of-view on your project and they can give their input on what they like or what might need changed.

**Familiar Rule.** Be familiar with your project. Go through your project daily a couple weeks before competition. The more you know your project, the more confidence you will have when presenting it to the judges. Also, this will help to not be so nervous before competing.

**Be Passionate.** The more passionate you are about your project, the more judges will be interested in listening to what YOU have to say and share, rather than dozing off to a monotone voice. In addition, the more passion you have for your project, the more fun you will have sharing it with other people.

These guidelines will help you to have the best experience competing in FCCLA, even if the judges don't believe your project is worth that gold medal, you can rest in peace knowing that you did the best of your abilities working on your project. With that said, good luck on going for the gold!

~ Madison Piper, VP of Competitive Events



## STAR Events Quiz

Are you looking for a fun way to help members choose a STAR Event? The 2017-2018 National Vice President of STAR Events has updated the "STAR Events Quiz" and the new version is now available on the STAR Events Description page on the [national website, fcclainc.org](http://nationalwebsite.fcclainc.org).



## **BASIC Training Recap**

**Building & Achieving  
Success in Idaho Chapters**

What has been known as Joint Officer Leadership Training (JOLT) in 2016, was revamped and reintroduced as BASIC Training this year. Being an officer in my chapter last year and a state officer this year, I had the great opportunity to attend the JOLT last year in Coeur d'Alene, and both of the BASICS in Boise and Moscow. Now, here is my recap of the 2017 BASIC Trainings:

My fellow state officers, Jaci Hernandez (VP of Public Relations) and Maddie Piper (VP of Competitive Events), were there in Idaho Falls to lead the FCCLA breakout sessions and they were excited to have 61 FCCLA members registered!

The Boise BASIC Training was my first one. It was fun to participate in the team building with all of the Career Technical Student Organizations (CTSO). FCCLA won the travelling trophy (a golden octopus, taken home by the Midvale FCCLA chapter) for the Minute-To-Win-It games! We had a group of 60 members and their advisers that we led in sessions on leadership, growing and retaining membership, and this year's statewide outreach project of suicide prevention. It was great to be able to interact with individual chapters. Hearing their discussions about their unique situations and how they planned to take what they were learning in the sessions back to their communities, schools, and chapters had me **Inspired!** Jokes aside, I love that BASIC gave me the chance to talk to some of you one-on-one, because as a state officer, I'm here to serve you (Idaho's chapters and members), and feedback is so helpful in knowing how to do that better.

Moscow's BASIC Training was a lot smaller compared to Boise and Idaho Falls. Although, we hoped for larger numbers in the future because we want as many people as possible to get the opportunity to gain basic training, it worked out well for the single chapter that came to Moscow, because we were able to solely focus on them, and they even got some time to plan their district's fall leadership conference.

For those of you that attended any of this year's BASIC Trainings, we were so glad to have you there with us, and we want to thank you for being cooperative and involved in the Sunday evening group activities, Monday morning workshops, and the FCCLA breakout sessions. For those of you that weren't able to make it, I hope that this article helped nudge you to join us next year, the more the merrier!

~ Isabelle DeVries, Secretary

## Upcoming FCCLA Dates

**Initial Affiliation:** November 1, 2017

**District Competition Affiliation deadline:** February 1, 2018

**Idaho Event and State Leadership Conference Attendance Affiliation deadline:** March 1, 2018

**State Leadership Conference:** April 4-6, 2018 at the Riverside Hotel in Boise, Idaho.

**National Leadership Conference:** June 28-July 2, 2018 in Atlanta, Georgia.

### Affiliation Prize

#### FOUR CHAPTERS WILL WIN!

All chapters affiliated by Nov 1, 2017 11:59pm est. will be entered to win 1 of 4 tool kits. \$90 value! Winners will be announced on November 3, 2017.

