

Student's Name _____

Directions: Evaluate the trainee using the rating scale below and check the appropriate number to indicate the degree of competency achieved. The numerical ratings of 3, 2, 1, and 0 are not intended to represent the traditional school grading system of A, B, C, D, and F. The descriptions associated with each of the numbers focus on level of student performance for each of the tasks listed below.

Rating Scale:

- 0 - **No Exposure** - no information nor practice provided during training program, complete training required.
- 1 - **Exposure Only** - general information provided with no practice time, close supervision needed and additional training required.
- 2 - **Moderately Skilled** - has performed independently during training program, limited additional training may be required.
- 3 - **Skilled** - can perform independently with no additional training.

1. Number of Competencies Evaluated	_____
2. Number of Competencies Rated 2 or 3	_____
3. Percent of Competencies Attained (2/1)	_____
Grade	_____
Instructor Signature	_____
	Date

1.0 Describe the mental health system and the role and responsibilities of the Mental Health Assistant within the system.

0 1 2 3
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The student will be able to:

- 0 1 2 3
□□□□ 01.01 Identify the agencies and levels within the system.
- 01.02 Describe the functions of the interdisciplinary mental health team.

- 03.04 Describe situations that require establishing personal and professional boundaries.
- 03.05 Demonstrate responsibility for own role behaviors.

02.0 Demonstrate effective interpersonal communication with client and family

0 1 2 3
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The student will be able to:

- 0 1 2 3
□□□□ 02.01 Review active listening skills.
- 02.02 Review effective verbal and non-verbal communication skills.
- 02.03 Interact with clients and families in a way which communicates respect for the worth and uniqueness of each person.

04.0 Describe adaptive and maladaptive patterns of behavior.

The student will be able to:

- 04.01 Describe the human stress-coping response.
- 04.02 Describe categories of major mental illnesses.
- 04.03 Describe common behaviors associated with mental illnesses/disorders.

03.0 Demonstrate personal awareness skills.

0 1 2 3
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The student will be able to:

- 0 1 2 3
□□□□ 03.01 Identify personal beliefs about mental wellness and mental illness.
- 03.02 Examine myths and realities about mental illness.
- 03.03 Assess the accuracy the impact of one's own needs, values, behaviors, motives, and limitations on one's self and others.

05.0 Demonstrate basic therapeutic intervention strategies.

The student will be able to:

- 05.01 Identify intervention strategies for selected behaviors.
- 05.02 Recognize potential and actual crisis situations.
- 05.03 Intervene to provide safety for client, family, and self.
- 05.04 Participate in evaluation of intervention strategies.
- 05.05 Identify effective and ineffective family communication styles.

06.0 Report side effects of medications.

The student will be able to:

0 1 2 3

- 06.01 Identify side effects of psychotropic medications.
- 06.02 Report side effects of medications.

7.0 Practice within the limits of competency and scope of practice.

The student will be able to:

0 1 2 3

- 07.01 Maintain client confidentiality.
- 07.02 Respect clients' rights.
- 07.03 Advocate for client legal rights and self-determination.
- 07.04 Report errors and/or critical incidents to supervisor and with guidance to proper authority.

08.0 Demonstrate skills of information management.

The student will be able to:

0 1 2 3

- 08.01 Obtain and record accurate client and family information.
- 08.02 Review legal implications of obtaining and recording information.

09.0 Demonstrate employability skills.

The student will be able to:

0 1 2 3

- 09.01 Perform job-seeking skills.
- 09.02 Demonstrate job-seeking skills.
- 09.03 Describe how to make a job change.