

Student's Name _____

Directions: Evaluate the trainee using the rating scale below and check the appropriate number to indicate the degree of competency achieved. The numerical ratings of 3, 2, 1, and 0 are not intended to represent the traditional school grading system of A, B, C, D, and F. The descriptions associated with each of the numbers focus on level of student performance for each of the tasks listed below.

- Rating Scale:**
- 0 - **No Exposure** - no information nor practice provided during training program, complete training required.
 - 1 - **Exposure Only** - general information provided with no practice time, close supervision needed and additional training required.
 - 2 - **Moderately Skilled** - has performed independently during training program, limited additional training may be required.
 - 3 - **Skilled** - can perform independently with no additional training.

1. Number of Competencies Evaluated _____

2. Number of Competencies Rated 2 or 3 _____

3. Percent of Competencies Attained (2/1) _____

Grade

Instructor Signature

Date

01.0 Perform in the role of the Nursing Assistant

The student will be able to:

0 1 2 3

- 01.01 Explain the role and responsibilities of the Nursing Assistant
- 01.02 Explain the roles and needs of family members and significant others
- 01.03 State philosophies of health and health care
- 01.04 Apply the concept of normalization
- 01.05 Apply ethical behavior
- 01.06 Promote patient's rights
- 01.07 Discuss legal implications
- 01.08 Explore types of employment in the health care field
- 01.09 Participate in problem solving and nursing process

02.0 Apply effective communication techniques

The student will be able to:

0 1 2 3

- 02.01 Perform observation as a Nursing Assistant
- 02.02 Communicate effectively in written, verbal and non-verbal communication
- 02.03 Perform admission, transfer, and discharge procedures
- 02.04 Promote opportunities for each person's personal growth
- 02.05 Implement and monitor the plan of care
- 02.06 Build positive behaviors
- 02.07 Participate in problem solving

03.0 Perform safety procedures, universal precautions, and CPR

The student will be able to:

0 1 2 3

- 03.01 Demonstrate body mechanics
- 03.02 Discuss safety in the home and in facilities
- 03.03 Discuss the use of adaptive equipment
- 03.04 Discuss environmental safety factors
- 03.05 Identify signs of victimization and how to report
- 03.06 Practice application of restraints
- 03.07 Demonstrate hand washing
- 03.08 Identify how to access emergency care
- 03.09 Discuss Universal Precautions techniques
- 03.10 Demonstrate the Heimlich maneuver
- 03.11 Complete a course in CPR
- 03.12 Participate in problem solving

04.0 Perform personal care procedures

The student will be able to:

0 1 2 3

- 04.01 Give and remove a bedpan and urinal (male person)
- 04.02 Demonstrate oral hygiene
- 04.03 Demonstrate nail and hair care
- 04.04 Demonstrate skin care procedures
- 04.05 Demonstrate bathing procedures
- 04.06 Shave a male person
- 04.07 Demonstrate dressing and undressing
- 04.08 Demonstrate bedmaking and environmental comfort procedures

0 1 2 3

- 04.09 Demonstrate procedures that provide for special nutritional requirements
- 04.10 Demonstrate monitoring vital signs
- 04.11 Participate in problem solving

05.0 Demonstrate exercise and activity procedures

The student will be able to:

0 1 2 3

- 05.01 Demonstrate ROM
- 05.02 Demonstrate moving and transferring a person
- 05.03 Demonstrate positioning procedures
- 05.04 Demonstrate ambulating a person with and without assistive devices
- 05.05 Demonstrate a safety procedure for when a person falls
- 05.06 Participate in problem solving

06.0 Demonstrate elimination procedures

The student will be able to:

0 1 2 3

- 06.01 Demonstrate catheter care
- 06.02 Demonstrate collection procedures in obtaining urinary specimens
- 06.03 Develop a list of nursing actions to help a person regain bladder control
- 06.04 Develop a list of nursing actions to help a person with bowel control
- 06.05 Demonstrate how to give an enema
- 06.06 Demonstrate the collection of a stool specimen
- 06.07 Participate in problem solving

07.0 Variations in Nursing Care: Special Nursing Responses

The student will be able to:

0 1 2 3

- 07.01 Assist with geriatric clients
- 07.02 Develop a plan of reality orientation
- 07.03 Assist people with communication disorders
- 07.04 Assist with clients with developmental disabilities
- 07.05 Assist clients with conditions of the nervous system
- 07.06 Demonstrate nursing actions for a person with seizures
- 07.07 Assist with clients with diabetes mellitus

0 1 2 3

- 07.08 Develop a list of nursing actions for a person with diabetes
- 07.09 Assist with clients with respiratory disease
- 07.10 Develop a list of nursing actions for a person with respiratory disease
- 07.11 Assist clients with circulatory disease
- 07.12 Develop a list of nursing actions for a person with circulatory disease
- 07.13 Assist clients with skeletal system disorders
- 07.14 Demonstrate adjusting crutches and checking for safety
- 07.15 Develop a list of nursing actions for a person with a skeletal disorder
- 07.16 Assist clients who are grieving, dying and deceased
- 07.17 Develop a list of nursing actions when caring for a person who is dying/deceased
- 07.18 Assist with clients with problems adjusting to living
- 07.19 Develop a list of nursing actions for a person with a mental illness or mental deterioration
- 07.20 Demonstrate reality orientation
- 07.21 Demonstrate principles of behavior modification
- 07.22 Participate in problem solving